

January 8 | Stafford, VA

TIME: 10 AM – 12 PM
EVENT
LOCATION: 75 Walpole Street
Stafford, VA 22554
CONTACT vaskagirl@gmail.com

January 8 | Cincinnati, OH

TIME: 10 AM – 12 PM
EVENT
LOCATION: Cincinnati Marriott Northeast 9664
Mason Montgomery Road
Cincinnati, OH 45040
CONTACT Darlene Cook thewriter787@aol.com
FEES: Free to all!

January 8 | East Brunswick, NJ

TIME: 10 AM – 12 PM
EVENT
LOCATION: Alluring Ballroom,
6 Edgeboro Rd
East Brunswick, NJ 08816
CONTACT Renina Powell reninap@gmail.com

January 8 | Fayetteville, NC

TIME: 10 AM – 12 PM
EVENT
LOCATION: 2812 Gus Drive
Fayetteville, NC 28306
CONTACT Robin Barnes vet4vitality@aol.com

January 8 | San Diego, CA

TIME: 10 AM – 12 PM

EVENT LOCATION: Holiday Inn
17065 W. Bernardo Dr.
San Diego, CA 92127

CONTACT Arlene Paraiso at arleneparaiso@gmail.com

January 8 | Houston, TX

TIME: 10 AM – 12 PM

EVENT LOCATION: 16410 Cedar Sage Dr
Houston, TX 77095

CONTACT Traci Breazale at traci@trainingbytraci.com

January 8 | Irvine, CA

TIME: 10 AM – 12 PM

EVENT LOCATION: 61 Declaration Place
Irvine, CA 92602

CONTACT Lana Holt coachlana@beachbodycoach.com

January 8 | Phoenix, AZ

TIME: 10 AM – 12 PM

EVENT LOCATION: AZ Kicks
531 E. Bethany Home Road,
Phoenix, AZ 85012

CONTACT Redfield Baum at rbaum72@gmail.com

January 8 | Huntington, NY

TIME: 10A M – 12 PM

EVENT LOCATION: The Whole You Wellness Center
172 East Main Street
Huntington, NY 11746

CONTACT Dawn Barca at dawnmdb@gmail.com

January 8 | Lincoln, NE

TIME: 10 AM – 12 PM

EVENT LOCATION: One80 Church
2820 O Street
Lincoln, NE

CONTACT Doug Fitzgerald at doug1@fitzgeraldfitness.com

January 8 | San Luis Obispo, CA

TIME: 10 AM – 12 PM

EVENT LOCATION: SLO Athletic Club
1050 Osos St.
San Luis Obispo, Ca 94301

CONTACT Scot Craycraft at scotevolv@yahoo.com

January 8 | Eagle, ID

TIME: 10AM – 12 PM

EVENT LOCATION: Hilton Garden Inn Boise/Eagle
145 E. Riverside Drive
Eagle, Idaho 83616

CONTACT Angie Warrington at angie@icommittostayfit.com

January 8 | Greenfield, IN

TIME: 10AM – 12 PM

EVENT LOCATION: Greenfield Office Supply Conference Room
123 North State Street
Greenfield, IN 46140

CONTACT Redawna Warner at rhwarner1369@yahoo.com

January 8 | Sherman Oaks, CA

TIME: 10AM – 12 PM

EVENT LOCATION: Courtyard by Marriott
Sherman Oaks, CA

CONTACT Carey Potts indispensablyfit@me.com or 323-362-3951
www.indispensablyfit.com

January 8 | Vista, CA

TIME: 10AM – 12 PM

EVENT LOCATION: 1920 Shadowridge Drive Suite 102
Vista, CA 92081

CONTACT Kevin Finneran at kevin@koachkevin.com

January 8 | Ventura, CA

TIME: 10AM – 12 PM

EVENT LOCATION: Residence Inn by Marriott
2101 Vineyard Ave
Oxnard, CA 93036

CONTACT Elein at 805.604.4951
Brandon Bittorf at insanity@c4fitness.com

January 8 | Wilkes-Barre, PA

TIME: 10AM – 12 PM

EVENT LOCATION: Private residence but may be moved to a larger venue depending on
RSVP's

CONTACT Judy Zavislak at zavislak@epix.net

January 8 | Redmond, WA

TIME: 10AM – 12 PM

EVENT LOCATION: OCC
9900 Willows Road
Redmond WA 98052

CONTACT Melissa Newbury at melissa@trifreaks.com

January 8 | Tucson, AZ

TIME: 10AM – 12 PM

EVENT LOCATION: El Con Mall
3601 E Broadway
(As part of the Tucson Fitness Fair)

CONTACT Maggie Zamora, grettadawn@hotmail.com
Teresa Hanson at tahanson729@gmail.com
Vera Knight at vk40andfit@aol.com

January 8 | Seattle, WA

TIME: 10AM – 12 PM

EVENT LOCATION: Fort Lawton Army Reserve Base @ Harvey Hall
4750 Texas Way at Ft. Lawton (next to Discovery Park)

CONTACT Taryn Perry <taryn@choose2benefit.com>

January 8 | Moreno Valley

TIME: 10AM – 12 PM

EVENT LOCATION: 15766 Rio Blanco Trail
Moreno Valley, 92555

CONTACT Sean Dorsett <sean_dorsett@hotmail.com>

January 8 | King George, VA

TIME: 10AM – 12 PM

EVENT LOCATION: 17068 Twelfth Street
King George, VA 22448

CONTACT MeQuel Phillips at mPhillipsPresents@yahoo.com

January 8 | Jefferson City, MO

TIME: 10AM – 12 PM

EVENT LOCATION: Turkey Creek Golf Center
1616 Oil Well Road
Jefferson City, MO 65101

CONTACT Tina Sullens at tina.sullens@gmail.com

January 8 | Santa Clarita, CA

TIME: 12 PM

EVENT LOCATION: 19627 Mathilde Lane
Santa Clarita, CA 91350

CONTACT Donna Odle at funfitandfab@aol.com

January 8 | Sunnyvale, CA

TIME: 10 AM – 11:30 AM Main Event
12:00 – 1:30 PM Coach lunch and Training

We'll be throwing the biggest, baddest Team Beachbody kickoff event in history! We're talkin' hundreds of Super Saturdays happening at the same time. Founding Coach, 8 star Milan Jensen will join the bay area team for the Beachbody Kickoff! You can expect some major news and announcements, such as all the new Success Club and Elite programs, 2012 destinations, and the Hispanic market launch details! All San Francisco Bay area coaches and guests are invited!

EVENT LOCATION: The Grand Hotel
865 W. El Camino Real,
Sunnyvale, CA 94087

CONTACT Milan Jensen 707-827-3737
Tiffany Anderson 408-248-2680
Registration: www.topcoachevents.com

FEES: Coaches share cost \$10.00, guests are free. Additional lunch purchase available \$10.00

January 8 | Cordova, TN

TIME: 10 AM – 12 PM CST

EVENT LOCATION: Appling Manor
1755 Appling Road
Cordova, TN 38016

CONTACT Deryl Williams [deryl@hyperlifefitness.com]

January 8 | Archer, FL

TIME: 10 AM – 12 PM

EVENT LOCATION: Westside Baptist Church's Family Life Center
10000 W.Newberry Rd.
Gainesville, FL, 32606

CONTACT Rochelle Griffin <rochelle@gofitcoach.com>

January 8 | Sugar Land, TX

TIME: 10 AM – 12 PM

EVENT LOCATION: Fort Bend Chamber of Commerce
445 Commerce Green Boulevard
Sugar Land, TX 77478

CONTACT Trey Reichert <treysmission@yahoo.com>

January 8 | Springfield, MO

TIME: 10 AM – 12 PM

EVENT LOCATION: 4042 S. Hillcrest Apt 102A
Springfield, MO 65807

CONTACT John Murray <murrayj4@ptd.net>

January 8 | Scottsville, New York

Join 15 Star Diamond Coach Christine Dwyer for a Super Saturday in Rochester! Lunch to follow after the meeting, bring a healthy dish. Families are welcome!

TIME: 10 AM – 12 PM

EVENT LOCATION: Oatka Creek Lodge at Oatka Creek Park
9797 Union Street
Scottsville, New York 14546

CONTACT Brent Bivona 585.721.0381
More details at www.rochesterbbcoaches.com

FEES: TBD for coaches

January 8 | Columbia, MD

TIME: 10 AM – 12 PM

EVENT LOCATION: The Historic Oakland Manor
5430 Vantage Point Road
Columbia, MD

CONTACT Hallie Freedman at halliemichelle@gmail.com
Heather Buchman at whywait08@gmail.com
Chris Beatty

FEES: \$5 for coaches; guests are free

January 8 | Decatur, IL

TIME: 9AM – 10 AM Business Opportunity
10AM – 12 PM Training

EVENT LOCATION: Avon Theater
426 North Water Street
Decatur, IL 62523

CONTACT Lisa Koehler at lisa.koehler@hotmail.com
Mark Briggs <md_briggs@hotmail.com>
Lori Streitmatter <streitmatterfamily@gmail.com>

FEES: \$10 for coaches; please send advance payment via PayPal to lisa.koehler@hotmail.com

January 8 | Phoenix, AZ

TIME: 9AM

EVENT LOCATION: 747 Grand Avenue
Phoenix, AZ 85007

CONTACT coach@getfitphoenix.com
480.200.9449

FEES: Free to all

January 8 | Hamburg, NY

TIME: 10 AM – 12 PM

EVENT LOCATION: Root Five Waterfront Place Restaurant
4914 Lake Shore Road
Hamburg, NY 14075

CONTACT Lisa Humphrey <lh6@buffalo.edu>

FEES: \$5 for coaches, guests are free

January 8 | Jupiter, FL

TIME: 10 AM – 12 PM

EVENT LOCATION: Tuscany Clubhouse in Abacoa
3524 Greenway Drive
Jupiter, FL 33458

CONTACT Dave spennacchio - spinlax10@yahoo.com

FEES: Free to all

January 8 | Pittsburgh, PA

TIME: 9 AM – 12 PM
We will do a group workout from 11-12 so bring water and your workout clothes!

EVENT LOCATION: Dance Alloy Theater
5530 Penn Avenue
Pittsburgh, PA 15206

CONTACT Jaclyn Damp <jackiedamp@gmail.com>

FEES: Free to all

January 8 | Kissimmee, FL

TIME: 1:00 PM

EVENT LOCATION: 241 Ruby Ave
Kissimmee, FL 34741

CONTACT Julie Schulte <kjmlschulte@verizon.net>

FEES: Free to all

January 8 | Grovetown, GA

TIME: 10 AM – 12 PM

EVENT LOCATION: 3435 Grove Landing Circle
Grovetown, GA 30813

CONTACT Sara Boling <saraannboling@gmail.com>

FEES: Free to all

January 8 | San Diego, CA

TIME: 10 AM – 12 PM

EVENT LOCATION: Holiday Inn, San Diego

CONTACT Ai Muir <aimuir22@gmail.com>

FEES: Free to all

January 8 | Hendersonville, TN

Beachbody coach Cheri Hill will be hosting the National Super Saturday event along with a Potluck BBQ! Bring a dish and workout clothes, you won't want to miss this!

TIME: 10 AM-12 PM Training
12:30 PM – 1 PM Shakeology Bar
1 PM – 2 PM Workout

EVENT LOCATION: 120 Indian Lake Blvd
Hendersonville, TN 37075

CONTACT Cheri Hill 904.3327.9777
chill23@beachbodycoach.com/chill23
Please RSVP with any rank advancements or shout outs!

FEES: \$10 for coaches to help cover cost of venue; guests are free!

January 8 | Romeoville, IL

TIME: 10 AM – 12 PM

EVENT LOCATION: One University Parkway Unit 2071
Romeoville, IL 60446

CONTACT Katie Choudhary <minischaef34@gmail.com>

FEES: Free to all

January 8 | Rochester, NY

TIME: 10 AM – 12 PM

EVENT LOCATION: Brookside School, Brighton
220 Idlewood Road 14618

CONTACT info@JoePetri.com

FEES: \$3 for coaches; guests are free

January 8 | Amarillo, TX

TIME: 10 AM – 12 PM

EVENT LOCATION: 5601 Enterprise Circle (Amarillo Association of Realtors-Marolyn Comer Auditorium)
Amarillo, TX

CONTACT Kendall Blythe <kbngnr@yahoo.com>

FEES: \$10 for coaches; guests are free

January 8 | Chalfont, PA

TIME: 10 AM – 12 PM

EVENT LOCATION: Byers' Choice Ltd.
4355 County Line Road
Chalfont, PA 18914

CONTACT David Daikeler <djdaikeler@gmail.com>

January 8 | Aliso Viejo, CA

TIME: 10 AM – 12 PM

EVENT LOCATION: Club Renaissance

CONTACT Monica Gray coco-g@cox.net

January 8 | Atlanta, GA

TIME: 9 AM – 12 PM

EVENT LOCATION: Marriott Perimeter Center
246 Perimeter Center Parkway NE
Atlanta, GA 30346

CONTACT Keith Williams at firstkwlwyr@gmail.com

FEES: \$10 for coaches, guests are free. Coaches please email firstkwlwyr@gmail.com so you can be emailed the invoice to pay for registration

January 8 | Niskayuna, NY

TIME: 10 AM – 12 PM

EVENT LOCATION: 1712 Lexington Parkway
Niskayuna, NY 12309

CONTACT Allan Gadsden, Jr. <positiveallday@gmail.com>

January 8 | Frankenmuth, MI

TIME: 10 AM – 12 PM

EVENT LOCATION: Bavarian Inn Motor Lodge in the Bach Room
1 Covered Bridge Lane
Frankenmuth, MI 48734-1939

CONTACT Jeffrey Armbruster <jeffreyspartan@charter.net>

January 8 | Carmel, IN

TIME: 9:30 AM Registration and Social
10 AM – 12 PM Kickoff event

EVENT LOCATION: Plum Creek Golf Club
12401 Lynnwood Boulevard
Carmel, IN 46033

CONTACT Julie Voris JMV5X@sbcglobal.net

FEES: \$10 for coaches, guests are free

January 8 | Phoenix, AZ

TIME: 10 AM – 12 PM

EVENT LOCATION: Burton Barr Central Library Lecture Room 4th Floor
1221 N Central Ave 85004

CONTACT Monica Ward monica@ward5000.com

January 8 | Manchester, NH

TIME: 10 AM – 12 PM

EVENT LOCATION: American Red Cross/Stearns House
425 Reservoir Ave
Manchester, NH

CONTACT Marc Major at marcnh@beachbodycoach.com

January 8 | Amboy, IL

TIME: 10 AM – 12 PM

EVENT LOCATION: KL Fitness Farm
1170 Riverview Road
Amboy, IL 61310

CONTACT David Kern-Lyons at kernster@beachbody.com

January 8 | Honolulu, HI

TIME: 9 AM – 11AM

EVENT LOCATION: Ohana Waikiki West, Mezzanine

CONTACT Fran Patoski at ilovetosweat@gmail.com

FEES: \$10 per coach, guests are free

January 8 | Jefferson, MO

TIME: 10 AM – 12 PM

EVENT LOCATION: Turkey Creek Golf Center
1616 Oil Well Road
Jefferson City, MO

CONTACT Nicole Safley Nicole@beachbodycoach.com

FEES: \$5 per coach, guests are free

January 8 | Portland, Maine

TIME: 10 AM – 12 PM

EVENT LOCATION: The Racket and Fitness Center
2444 Congress Street
Portland, Maine 04112

CONTACT Janet Gille Denison on Facebook
207.780.6338

FEES: \$2-\$5 per coach, depending on how many attend

January 8 | Bellevue, O

National Super Saturday 2011 Kickoff hosted by 5 Star Diamond Coach Tommy Mygrant.
Beachbody corporate representative expected to be present.

TIME: 9:30 AM Registration and Social
10 AM – 12 PM Kickoff event

EVENT LOCATION: Bellevue Athletic Fieldhouse
200 Oakland Ave
Bellevue, OH 44811

CONTACT Ashley Grabowski @ ashleygrabowski@yahoo.com

January 8 | Jacksonville, FL

TIME: 10 AM – 12 PM

EVENT LOCATION: TBD

CONTACT RSVP at on Facebook EVENT Super Saturday Jacksonville or email at kaispeaks@gmail.com

January 8 | Brockton, MA

TIME: 10 AM – 12 PM

EVENT LOCATION: 85 Twelfth Avenue
Brockton, MA 02302

CONTACT Nicole Jones at candle12@comcast.net

January 8 | Sierra Vista, AZ

TIME: 10 AM – 12 PM

EVENT LOCATION: Gateway Studio Suites
203 South Garden Ave
Sierra Vista, AZ 85635

CONTACT Doug Lee 520-266-1122
Lisa Lee 520-456-4580

January 8 | Woodbridge, VA

TIME: 1:30 PM – 3:30 PM EST

EVENT LOCATION: 13204 Quate Lane
Woodbridge, VA 22193

CONTACT Maria Teel at mteel1@yahoo.com

January 8 | Tampa, FL

TIME: 10AM – 12 PM

EVENT LOCATION: Tampa Palms Golf and Country Club
5811 Tampa Palms Boulevard
Tampa, FL 33647

CONTACT Travis Wells <trav73@me.com>

January 8 | Jackson, MS

TIME: 10AM – 12 PM

EVENT LOCATION: Walter Payton Athletic Center
JSU Campus
34 Walter Payton Drive
Jackson, MS 39217

CONTACT Mike Thompson fitmike@beachbodycoach.com

Fees: Free to all

January 8 | Parsons, Tennessee

TIME: 10AM – 11:30AM

EVENT LOCATION: Decatur County Middle School
2740 Hwy 641 S
Parsons, Tennessee 38363

CONTACT Ammie Yarbro 731-549-5995

Fees: Free to all

January 8 | Grapevine, TX

TIME: 9:30 AM – 12:00 PM

EVENT LOCATION: Palace Arts Center, downtown Grapevine
300 S. Main St.
Grapevine, TX 76051

CONTACT Melissa Hudgens
940 435 5512
melissa@fitmomsclub.com
Register at www.tinyurl.com/DallasKickoff

Fees: \$5 for coaches, guests are free

January 8 | Washington, CT

TIME: 10AM – 12:00 PM

EVENT LOCATION: Bryan Memorial Town Hall
Washington, CT

CONTACT Hillary Kelly <hkelly8454@gmail.com>

Fees: Free to all

January 8 | Pauls Valley, OK

TIME: 10AM – 12:00 PM

EVENT LOCATION: 34444 Hwy 29 Pauls Valley, OK 73075

CONTACT Jennifer Woody at jenni8@wildblue.net
580.252.6253
Please RSVP by January 6th

Fees: Free to all

January 8 | Kalamazoo/Portage, MI

TIME: 10AM – 12:00 PM

EVENT LOCATION: 13860 S. 16th Street
Schoolcraft, MI 49087

CONTACT Tracie Lehman
tlehman2@aol.com
269.491.0452

Fees: Free to all

January 8 | Natick, MA

TIME: 9AM – 1:00 PM

New England Regional Coaches will be hosting a NEW ENGLAND SUPER SATURDAY EVENT on 1/8/2011. This event will include the use of the DVD Presentations provided by Beachbody, local event promotions including Shaun T's Gillette Stadium event this May, local FIT CLUBS etc... There will also be a group workout and Shakeology samples. NEW ENGLAND IS HERE! Will you be?

EVENT LOCATION: Crowne Plaza Boston – Natick
1360 Worcester Street
Natick, MA 01760

CONTACT Susan Lucy at smlucy@gmail.com (978) 852-5274
Kevin Lopes at KLopes4517@gmail.com 774.451.1021
Mike Mullaly at mullalyfitness@hotmail.com 508.410.9084

Fees: \$10 for coaches, free for guests.

January 8 | Jackson, MS

TIME: 10AM – 12:00 PM

EVENT LOCATION: Walter Payton Athletic Center
JSU Campus
34 Walter Payton Dr.
Jackson, MS 39217

CONTACT Mike Thompson
fitmike@beachbodycoach.com

Fees: Free to all

January 8 | Las Vegas, NV

TIME: 10AM – 12:00 PM

EVENT LOCATION: 7913 Arden Point
Las Vegas, NV 89149

CONTACT Faith Haugh
faithinyou@beachbodycoach.com

Fees: Free to all

January 8 | Chehalis, WA.

TIME: 10 AM – 12 PM

EVENT LOCATION: Courtyard Salon, Spa & Wellness Center
1537 Kresky Avenue
Centralia, WA 98531

CONTACT: Teri Walker runbuff1@msn.com

Fees: Free to all!

January 8 | Miami, FL

TIME: 10 AM – 12 PM

EVENT LOCATION: 120 NW 25th St Loft 304
Miami, FL 33127

CONTACT: Fernanda Bressan
t.305.443.9676
f.305.443.7889
fernanda@tag-fitness.com

Fees: Free to all!

January 8 | Virginia Beach, VA

TIME: 10 AM – 12 PM

EVENT LOCATION: Conference Rm at
1027 Tivoli Crescent
Virginia Beach, Va. 23453
More details on the Virginia Beach Fit Club page: <http://bit.ly/vabchfc>

CONTACT: Kenneth Peavie
kpeavie@gmail.com

Fees: Free to all!

January 8 | Wilmington, NC

TIME: 10 AM – 12 PM

EVENT LOCATION: 6147 Lydden Road
Wilmington, NC

CONTACT: Jana Conway at janab4co@gmail.com

Fees: Free to all!