

**January 8 | Stafford, VA**

TIME: 10 AM – 12 PM  
EVENT  
LOCATION: 75 Walpole Street  
Stafford, VA 22554  
CONTACT vaskagirl@gmail.com

**January 8 | Cincinnati, OH**

TIME: 10 AM – 12 PM  
EVENT  
LOCATION: Cincinnati Marriott Northeast 9664  
Mason Montgomery Road  
Cincinnati, OH 45040  
CONTACT Darlene Cook thewriter787@aol.com  
FEES: Free to all!

**January 8 | East Brunswick, NJ**

TIME: 10 AM – 12 PM  
EVENT  
LOCATION: Alluring Ballroom,  
6 Edgeboro Rd  
East Brunswick, NJ 08816  
CONTACT Renina Powell reninap@gmail.com

**January 8 | Fayetteville, NC**

TIME: 10 AM – 12 PM  
EVENT  
LOCATION: 2812 Gus Drive  
Fayetteville, NC 28306  
CONTACT Robin Barnes vet4vitality@aol.com

**January 8 | San Diego, CA**

TIME: 10 AM – 12 PM

EVENT LOCATION: Holiday Inn  
17065 W. Bernardo Dr.  
San Diego, CA 92127

CONTACT Arlene Paraiso at arleneparaiso@gmail.com

**January 8 | Houston, TX**

TIME: 10 AM – 12 PM

EVENT LOCATION: 16410 Cedar Sage Dr  
Houston, TX 77095

CONTACT Traci Breazale at traci@trainingbytraci.com

**January 8 | Irvine, CA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 61 Declaration Place  
Irvine, CA 92602

CONTACT Lana Holt coachlana@beachbodycoach.com

**January 8 | Phoenix, AZ**

TIME: 10 AM – 12 PM

EVENT LOCATION: AZ Kicks  
531 E. Bethany Home Road,  
Phoenix, AZ 85012

CONTACT Redfield Baum at rbaum72@gmail.com

**January 8 | Huntington, NY**

TIME: 10A M – 12 PM

EVENT LOCATION: The Whole You Wellness Center  
172 East Main Street  
Huntington, NY 11746

CONTACT Dawn Barca at dawnmdb@gmail.com

**January 8 | Lincoln, NE**

TIME: 10 AM – 12 PM

EVENT LOCATION: One80 Church  
2820 O Street  
Lincoln, NE

CONTACT Doug Fitzgerald at doug1@fitzgeraldfitness.com

**January 8 | San Luis Obispo, CA**

TIME: 10 AM – 12 PM

EVENT LOCATION: SLO Athletic Club  
1050 Osos St.  
San Luis Obispo, Ca 94301

CONTACT Scot Craycraft at scotevolv@yahoo.com

**January 8 | Eagle, ID**

TIME: 10AM – 12 PM

EVENT LOCATION: Hilton Garden Inn Boise/Eagle  
145 E. Riverside Drive  
Eagle, Idaho 83616

CONTACT Angie Warrington at angie@icommittostayfit.com

**January 8 | Greenfield, IN**

TIME: 10AM – 12 PM

EVENT LOCATION: Greenfield Office Supply Conference Room  
123 North State Street  
Greenfield, IN 46140

CONTACT Redawna Warner at [rhwarner1369@yahoo.com](mailto:rhwarner1369@yahoo.com)

**January 8 | Sherman Oaks, CA**

TIME: 10AM – 12 PM

EVENT LOCATION: Courtyard by Marriott  
Sherman Oaks, CA

CONTACT Carey Potts [indispensablyfit@me.com](mailto:indispensablyfit@me.com) or 323-362-3951  
[www.indispensablyfit.com](http://www.indispensablyfit.com)

**January 8 | Vista, CA**

TIME: 10AM – 12 PM

EVENT LOCATION: 1920 Shadowridge Drive Suite 102  
Vista, CA 92081

CONTACT Kevin Finneran at [kevin@koachkevin.com](mailto:kevin@koachkevin.com)

**January 8 | Ventura, CA**

TIME: 10AM – 12 PM

EVENT LOCATION: Residence Inn by Marriott  
2101 Vineyard Ave  
Oxnard, CA 93036

CONTACT Elein at 805.604.4951  
Brandon Bittorf at [insanity@c4fitness.com](mailto:insanity@c4fitness.com)

**January 8 | Wilkes-Barre, PA**

TIME: 10AM – 12 PM

EVENT LOCATION: Private residence but may be moved to a larger venue depending on RSVP's

CONTACT Judy Zavislak at zavislak@epix.net

**January 8 | Redmond, WA**

TIME: 10AM – 12 PM

EVENT LOCATION: OCC  
9900 Willows Road  
Redmond WA 98052

CONTACT Melissa Newbury at melissa@trifreaks.com

**January 8 | Tucson, AZ**

TIME: 10AM – 12 PM

EVENT LOCATION: El Con Mall  
3601 E Broadway  
(As part of the Tucson Fitness Fair)

CONTACT Maggie Zamora, grettadawn@hotmail.com  
Teresa Hanson at tahanson729@gmail.com  
Vera Knight at vk40andfit@aol.com

**January 8 | Seattle, WA**

TIME: 10AM – 12 PM

EVENT LOCATION: Fort Lawton Army Reserve Base @ Harvey Hall  
4750 Texas Way at Ft. Lawton (next to Discovery Park)

CONTACT Taryn Perry <taryn@choose2benefit.com>

**January 8 | Moreno Valley**

TIME: 10AM – 12 PM

EVENT LOCATION: 15766 Rio Blanco Trail  
Moreno Valley, 92555

CONTACT Sean Dorsett <sean\_dorsett@hotmail.com>

**January 8 | King George, VA**

TIME: 10AM – 12 PM

EVENT LOCATION: 17068 Twelfth Street  
King George, VA 22448

CONTACT MeQuel Phillips at mphilipspresents@yahoo.com

**January 8 | Jefferson City, MO**

TIME: 10AM – 12 PM

EVENT LOCATION: Turkey Creek Golf Center  
1616 Oil Well Road  
Jefferson City, MO 65101

CONTACT Tina Sullens at tina.sullens@gmail.com

**January 8 | Sunnyvale, CA**

TIME: 10 AM – 11:30 AM Main Event  
12:00 – 1:30 PM Coach lunch and Training

We'll be throwing the biggest, baddest Team Beachbody kickoff event in history! We're talkin' hundreds of Super Saturdays happening at the same time. Founding Coach, 8 star Milan Jensen will join the bay area team for the Beachbody Kickoff! You can expect some major news and announcements, such as all the new Success Club and Elite programs, 2012 destinations, and the Hispanic market launch details! All San Francisco Bay area coaches and guests are invited!

EVENT LOCATION: The Grand Hotel  
865 W. El Camino Real,  
Sunnyvale, CA 94087

CONTACT Milan Jensen 707-827-3737  
Tiffany Anderson 408-248-2680

Registration: [www.topcoachevents.com](http://www.topcoachevents.com)

FEES: Coaches share cost \$10.00, guests are free. Additional lunch purchase available \$10.00

**January 8 | Cordova, TN**

TIME: 10 AM – 12 PM CST

EVENT LOCATION: Appling Manor  
1755 Appling Road  
Cordova, TN 38016

CONTACT Deryl Williams [[deryl@hyperlifefitness.com](mailto:deryl@hyperlifefitness.com)]

**January 8 | Archer, FL**

TIME: 10 AM – 12 PM

EVENT LOCATION: Westside Baptist Church's Family Life Center  
10000 W.Newberry Rd.  
Gainesville, FL, 32606

CONTACT Rochelle Griffin <[rochelle@gofitcoach.com](mailto:rochelle@gofitcoach.com)>

**January 8 | Sugar Land, TX**

TIME: 10 AM – 12 PM

EVENT LOCATION: Fort Bend Chamber of Commerce  
445 Commerce Green Boulevard  
Sugar Land, TX 77478

CONTACT Trey Reichert <[treysmission@yahoo.com](mailto:treysmission@yahoo.com)>

**January 8 | Springfield, MO**

TIME: 10 AM – 12 PM

EVENT LOCATION: 4042 S. Hillcrest Apt 102A  
Springfield, MO 65807

CONTACT John Murray <[murrayj4@ptd.net](mailto:murrayj4@ptd.net)>

**January 8 | Scottsville, New York**

Join 15 Star Diamond Coach Christine Dwyer for a Super Saturday in Rochester!  
Lunch to follow after the meeting, bring a healthy dish. Families are welcome!

TIME: 10 AM – 12 PM

EVENT LOCATION: Oatka Creek Lodge at Oatka Creek Park  
9797 Union Street  
Scottsville, New York 14546

CONTACT Brent Bivona 585.721.0381  
More details at [www.rochesterbbcoaches.com](http://www.rochesterbbcoaches.com)

FEES: TBD for coaches

**January 8 | Columbia, MD**

TIME: 10 AM – 12 PM

EVENT LOCATION: The Historic Oakland Manor  
5430 Vantage Point Road  
Columbia, MD

CONTACT Hallie Freedman at [halliemichelle@gmail.com](mailto:halliemichelle@gmail.com)  
Heather Buchman at [whywait08@gmail.com](mailto:whywait08@gmail.com)  
Chris Beatty

FEES: \$5 for coaches; guests are free

**January 8 | Decatur, IL**

TIME: 9AM – 10 AM Business Opportunity  
10AM – 12 PM Training

EVENT LOCATION: Avon Theater  
426 North Water Street  
Decatur, IL 62523

CONTACT Lisa Koehler at [lisa.koehler@hotmail.com](mailto:lisa.koehler@hotmail.com)  
Mark Briggs <[md\\_briggs@hotmail.com](mailto:md_briggs@hotmail.com)>  
Lori Streitmatter <[streitmatterfamily@gmail.com](mailto:streitmatterfamily@gmail.com)>

FEES: \$10 for coaches; please send advance payment via PayPal  
to [lisa.koehler@hotmail.com](mailto:lisa.koehler@hotmail.com)



**January 8 | Phoenix, AZ**

TIME: 9AM

EVENT LOCATION: 747 Grand Avenue  
Phoenix, AZ 85007

CONTACT [coach@getfitphoenix.com](mailto:coach@getfitphoenix.com)  
480.200.9449

FEES: Free to all

**January 8 | Hamburg, NY**

TIME: 10 AM – 12 PM

EVENT LOCATION: Root Five Waterfront Place Restaurant  
4914 Lake Shore Road  
Hamburg, NY 14075

CONTACT Lisa Humphrey <lh6@buffalo.edu>

FEES: \$5 for coaches, guests are free

**January 8 | Jupiter, FL**

TIME: 10 AM – 12 PM

EVENT LOCATION: Tuscany Clubhouse in Abacoa  
3524 Greenway Drive  
Jupiter, FL 33458

CONTACT Dave spennacchio - spinlax10@yahoo.com

FEES: Free to all

**January 8 | Pittsburgh, PA**

TIME: 9 AM – 12 PM

We will do a group workout from 11-12 so bring water and  
your workout clothes!

EVENT LOCATION: Dance Alloy Theater  
5530 Penn Avenue  
Pittsburgh, PA 15206

CONTACT Jaclyn Damp <jackiedamp@gmail.com>

FEES: Free to all

**January 8 | Kissimmee, FL**

TIME: 1:00 PM

EVENT LOCATION: 241 Ruby Ave  
Kissimmee, FL 34741

CONTACT Julie Schulte <kjmlschulte@verizon.net>

FEES: Free to all

**January 8 | Grovetown, GA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 3435 Grove Landing Circle  
Grovetown, GA 30813

CONTACT Sara Boling <saraannboling@gmail.com>

FEES: Free to all

**January 8 | San Diego, CA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 8000 Parkway Drive  
La Mesa, CA 91942  
619.698.7747

CONTACT Ai Muir [aimuir22@gmail.com](mailto:aimuir22@gmail.com)  
619.201.5132

FEES: Free to all

**January 8 | Hendersonville, TN**

Beachbody coach Cheri Hill will be hosting the National Super Saturday event along with a Potluck BBQ! Bring a dish and workout clothes, you won't want to miss this!

TIME: 10 AM-12 PM Training  
12:30 PM – 1 PM Shakeology Bar  
1 PM – 2 PM Workout

EVENT LOCATION: 120 Indian Lake Blvd  
Hendersonville, TN 37075

CONTACT Cheri Hill 904.3327.9777  
[chill23@beachbodycoach.com](mailto:chill23@beachbodycoach.com)/chill23  
Please RSVP with any rank advancements or shout outs!

FEES: \$10 for coaches to help cover cost of venue; guests are free!

**January 8 | Romeoville, IL**

TIME: 10 AM – 12 PM

EVENT LOCATION: One University Parkway Unit 2071  
Romeoville, IL 60446

CONTACT Katie Choudhary <[minischaef34@gmail.com](mailto:minischaef34@gmail.com)>

FEES: Free to all

**January 8 | Rochester, NY**

TIME: 10 AM – 12 PM

EVENT LOCATION: Brookside School, Brighton  
220 Idlewood Road 14618

CONTACT info@JoePetri.com

FEES: \$3 for coaches; guests are free

**January 8 | Amarillo, TX**

TIME: 10 AM – 12 PM

EVENT LOCATION: 5601 Enterprise Circle (Amarillo Association of  
Realtors-Marolyn Comer Auditorium)  
Amarillo, TX

CONTACT Kendall Blythe <kbngnr@yahoo.com>

FEES: \$10 for coaches; guests are free

**January 8 | Chalfont, PA**

TIME: 10 AM – 12 PM

EVENT LOCATION: Byers' Choice Ltd.  
4355 County Line Road  
Chalfont, PA 18914

CONTACT David Daikeler <djdaikeler@gmail.com>

**January 8 | Atlanta, GA**

TIME: 9 AM – 12 PM

EVENT LOCATION: Marriott Perimeter Center  
246 Perimeter Center Parkway NE  
Atlanta, GA 30346

CONTACT Keith Williams at firstkwlwyr@gmail.com

FEES: \$10 for coaches, guests are free. Coaches please email  
[firstkwlwyr@gmail.com](mailto:firstkwlwyr@gmail.com) so you can be emailed the invoice to pay  
for registration

**January 8 | Niskayuna, NY**

TIME: 10 AM – 12 PM

EVENT LOCATION: 1712 Lexington Parkway  
Niskayuna, NY 12309

CONTACT Allan Gadsden, Jr. <positiveallday@gmail.com>

**January 8 | Frankenmuth, MI**

TIME: 10 AM – 12 PM

EVENT LOCATION: Bavarian Inn Motor Lodge in the Bach Room  
1 Covered Bridge Lane  
Frankenmuth, MI 48734-1939

CONTACT Jeffrey Armbruster <jeffreyspartan@charter.net>

**January 8 | Carmel, IN**

TIME: 9:30 AM Registration and Social  
10 AM – 12 PM Kickoff event

EVENT LOCATION: Plum Creek Golf Club  
12401 Lynnwood Boulevard  
Carmel, IN 46033

CONTACT Julie Voris [JMV5X@sbcglobal.net](mailto:JMV5X@sbcglobal.net)

FEES: \$10 for coaches, guests are free

**January 8 | Phoenix, AZ**

TIME: 10 AM – 12 PM

EVENT LOCATION: Burton Barr Central Library Lecture Room 4<sup>th</sup> Floor  
1221 N Central Ave 85004

CONTACT Monica Ward [monica@ward5000.com](mailto:monica@ward5000.com)

**January 8 | Manchester, NH**

TIME: 10 AM – 12 PM

EVENT LOCATION: American Red Cross/Stearns House  
425 Reservoir Ave  
Manchester, NH

CONTACT Marc Major at [marcnh@beachbodycoach.com](mailto:marcnh@beachbodycoach.com)

**January 8 | Amboy, IL**

TIME: 10 AM – 12 PM

EVENT LOCATION: KL Fitness Farm  
1170 Riverview Road  
Amboy, IL 61310

CONTACT David Kern-Lyons at [kernster@beachbody.com](mailto:kernster@beachbody.com)

**January 8 | Honolulu, HI**

TIME: 9 AM – 11AM

EVENT LOCATION: Ohana Waikiki West, Mezzanine

CONTACT Fran Patoski at [ilovetosweat@gmail.com](mailto:ilovetosweat@gmail.com)

FEES: \$10 per coach, guests are free

**January 8 | Jefferson, MO**

TIME: 10 AM – 12 PM

EVENT LOCATION: Turkey Creek Golf Center  
1616 Oil Well Road  
Jefferson City, MO

CONTACT Nicole Safley Nicole@beachbodycoach.com

FEES: \$5 per coach, guests are free

**January 8 | Portland, Maine**

TIME: 10 AM – 12 PM

EVENT LOCATION: The Racket and Fitness Center  
2444 Congress Street  
Portland, Maine 04112

CONTACT Janet Gille Denison on Facebook  
207.780.6338

FEES: \$2-\$5 per coach, depending on how many attend

**January 8 | Bellevue, OH**

National Super Saturday 2011 Kickoff hosted by 5 Star Diamond Coach Tommy Mygrant. Beachbody corporate representative expected to be present.

TIME: 9:30 AM Registration and Social  
10 AM – 12 PM Kickoff event

EVENT LOCATION: Bellevue Athletic Fieldhouse  
200 Oakland Ave  
Bellevue, OH 44811

CONTACT Ashley Grabowski @ ashleyrgrabowski@yahoo.com

**January 8 | Jacksonville, FL**

TIME: 10 AM – 12 PM

EVENT LOCATION: TBD

CONTACT RSVP at on Facebook EVENT Super Saturday Jacksonville  
or email at kaispeaks@gmail.com

**January 8 | Sierra Vista, AZ**

TIME: 10 AM – 12 PM

EVENT LOCATION: Gateway Studio Suites  
203 South Garden Ave  
Sierra Vista, AZ 85635

CONTACT Doug Lee 520-266-1122  
Lisa Lee 520-456-4580

**January 8 | Woodbridge, VA**

TIME: 1:30 PM – 3:30 PM EST

EVENT LOCATION: 13204 Quate Lane  
Woodbridge, VA 22193

CONTACT Maria Teel at [mteel1@yahoo.com](mailto:mteel1@yahoo.com)

**January 8 | Tampa, FL**

TIME: 10AM – 12 PM

EVENT LOCATION: Tampa Palms Golf and Country Club  
5811 Tampa Palms Boulevard  
Tampa, FL 33647

CONTACT Travis Wells <[trav73@me.com](mailto:trav73@me.com)>

**January 8 | Jackson, MS**

TIME: 10AM – 12 PM

EVENT LOCATION: Walter Payton Athletic Center  
JSU Campus  
34 Walter Payton Drive  
Jackson, MS 39217

CONTACT Mike Thompson [fitmike@beachbodycoach.com](mailto:fitmike@beachbodycoach.com)

Fees: Free to all



**January 8 | Parsons, Tennessee**

TIME: 10AM – 11:30AM

EVENT LOCATION: Decatur County Middle School  
2740 Hwy 641 S  
Parsons, Tennessee 38363

CONTACT Ammie Yarbro 731-549-5995

Fees: Free to all

**January 8 | Grapevine, TX**

TIME: 9:30 AM – 12:00 PM

EVENT LOCATION: Palace Arts Center, downtown Grapevine  
300 S. Main St.  
Grapevine, TX 76051

CONTACT Melissa Hudgens  
940 435 5512  
melissa@fitmomsclub.com  
Register at [www.tinyurl.com/DallasKickoff](http://www.tinyurl.com/DallasKickoff)

Fees: \$5 for coaches, guests are free

**January 8 | Washington, CT**

TIME: 10AM – 12:00 PM

EVENT LOCATION: Bryan Memorial Town Hall  
Washington, CT

CONTACT Hillary Kelly <[hkelly8454@gmail.com](mailto:hkelly8454@gmail.com)>

Fees: Free to all

**January 8 | Pauls Valley, OK**

TIME: 10AM – 12:00 PM

EVENT LOCATION: 34444 Hwy 29 Pauls Valley, OK 73075

CONTACT Jennifer Woody at [jenni8@wildblue.net](mailto:jenni8@wildblue.net)  
580.252.6253  
Please RSVP by January 6th

Fees: Free to all

**January 8 | Kalamazoo/Portage, MI**

TIME: 10AM – 12:00 PM

EVENT LOCATION: 13860 S. 16<sup>th</sup> Street  
Schoolcraft, MI 49087

CONTACT Tracie Lehman  
[tlehman2@aol.com](mailto:tlehman2@aol.com)  
269.491.0452

Fees: Free to all

**January 8 | Natick, MA**

TIME: 9AM – 1:00 PM

New England Regional Coaches will be hosting a NEW ENGLAND SUPER SATURDAY EVENT on 1/8/2011. This event will include the use of the DVD Presentations provided by Beachbody, local event promotions including Shaun T's Gillette Stadium event this May, local FIT CLUBS etc... There will also be a group workout and Shakeology samples. NEW ENGLAND IS HERE! Will you be?

EVENT LOCATION: Crowne Plaza Boston – Natick  
1360 Worcester Street  
Natick, MA 01760

CONTACT Susan Lucy at [smlucy@gmail.com](mailto:smlucy@gmail.com) (978) 852-5274  
Kevin Lopes at [KLopes4517@gmail.com](mailto:KLopes4517@gmail.com) 774.451.1021  
Mike Mullaly at [mullalyfitness@hotmail.com](mailto:mullalyfitness@hotmail.com) 508.410.9084

Fees: \$10 for coaches, free for guests.

**January 8 | Jackson, MS**

TIME: 10AM – 12:00 PM

EVENT LOCATION: Walter Payton Athletic Center  
JSU Campus  
34 Walter Payton Dr.  
Jackson, MS 39217

CONTACT Mike Thompson  
fitmike@beachbodycoach.com

Fees: Free to all

**January 8 | Las Vegas, NV**

TIME: 10AM – 12:00 PM

EVENT LOCATION: 7913 Arden Point  
Las Vegas, NV 89149

CONTACT Faith Haugh  
faithinyou@beachbodycoach.com

Fees: Free to all

**January 8 | Chehalis, WA.**

TIME: 10 AM – 12 PM

EVENT LOCATION: Courtyard Salon, Spa & Wellness Center  
1537 Kresky Avenue  
Centralia, WA 98531

CONTACT: Teri Walker runbuff1@msn.com

Fees: Free to all!

**January 8 | Miami, FL**

TIME: 10 AM – 12 PM

EVENT LOCATION: 120 NW 25<sup>th</sup> St Loft 304  
Miami, FL 33127

CONTACT: Fernanda Bressan  
t.305.443.9676  
f.305.443.7889  
fernanda@tag-fitness.com

Fees: Free to all!

**January 8 | Virginia Beach, VA**

TIME: 10 AM – 12 PM

EVENT LOCATION: Conference Rm at  
1027 Tivoli Crescent  
Virginia Beach, Va. 23453  
More details on the Virginia Beach Fit Club page:  
<http://bit.ly/vabchfc>

CONTACT: Kenneth Peavie  
kpeavie@gmail.com

Fees: Free to all!

**January 8 | Wilmington, NC**

TIME: 10 AM – 12 PM

EVENT LOCATION: 6147 Lydden Road  
Wilmington, NC

CONTACT: Jana Conway at [janab4co@gmail.com](mailto:janab4co@gmail.com)

Fees: Free to all!

**January 8 | Somers, WI**

Start the New Year out right with Diamond Coach, Crystel Lyons!

TIME: 10 AM – 12 PM

EVENT LOCATION: Almost Eden Home Spa  
7709 12<sup>th</sup> Street  
Somers, WI 53171

CONTACT: Register online at [almosteden@beachbodycoach.com](mailto:almosteden@beachbodycoach.com). For more information or directions please call 262.497.8583. See you there!

Fees: Free to all!

**January 8 | Canton, OH**

TIME: 10 AM – 12 PM

EVENT LOCATION: Hampton Inn in Belden Village  
5256 Broadmoor Circle NW  
Canton, OH 44709

CONTACT: Josh Spencer <pioneerballplayer28@yahoo.com>  
www.iwanttogetripped.com  
<<http://www.iwanttogetripped.com>>  
www.facebook.com/spence8  
<<http://www.facebook.com/spence8>>  
www.twitter.com/joshspencer28  
<<http://www.twitter.com/joshspencer28>>  
(330) 491-4335

Fees: Free to all!

**January 8 | Coplay, PA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 4749 Kovalchik Drive  
Coplay, PA 18037

CONTACT: Tina Vozzo <tvozzo68@yahoo.com>

Fees: Free to all!

**January 8 | West Hempstead, NY**

TIME: 10 AM – 12 PM

EVENT LOCATION: 610 Woodfield Road  
West Hempstead, NY

CONTACT: Medea <medea@fitcounselor.com>

Fees: \$10 for coaches, guests are free! A donation will be made  
with a percentage of the coach fees

**January 8 | Richmond, VA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 1889 Hope Meadow Way  
Powhatan, VA 23139

CONTACT: Christine Sills at chryssills@verizon.net

Fees: Free to all!

### **January 8 | Verona, NJ**

Let The Verona Fit Club and Beachbody help you find Solutions for your New Year's Resolution because summer will be here before you know it!

TIME: 10 AM – 1 PM

EVENT LOCATION: First Presbyterian Church  
10 Fairview Ave  
Verona, NJ 07044

CONTACT: JOE LOPRESTO [JOE.LOPRESTO@COMCAST.NET](mailto:JOE.LOPRESTO@COMCAST.NET)  
Register here: <http://conta.cc/Jan2011Kickoff>

Fees: Free to all!

### **January 8 | Centreville, VA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 7105 Centreville Road  
Centreville, VA 20121

CONTACT: Chris Batu - 571-237-7105, [chritgo@gmail.com](mailto:chritgo@gmail.com)  
Kim Bemis - 703-868-2583, [healthy.x.alternative@gmail.com](mailto:healthy.x.alternative@gmail.com)  
Derek Heikes - 703-725-6586,  
[phoenixhawkmdbcoach@gmail.com](mailto:phoenixhawkmdbcoach@gmail.com)  
Renee Britton - 703-966-2369, [rvbritton@mac.com](mailto:rvbritton@mac.com)

Fees: Free to all!

### **January 8 | Scottsdale, AZ**

TIME: 10 AM – 12 PM

EVENT LOCATION: 4315 N. 78<sup>th</sup> Street  
H114  
Scottsdale, AZ 85251

CONTACT: KAMA PERRY <[perrykam@yahoo.com](mailto:perrykam@yahoo.com)>

Fees: Free to all!

**January 8 | Santa Clarita, CA 91351**

TIME: 10 AM – 12 PM

EVENT LOCATION: 25809 Flintwood Ct  
Santa Clarita, CA 91351

CONTACT: Anna Gray at [anna@coachannagrays.com](mailto:anna@coachannagrays.com)

Fees: Free to all!

**January 8 | Janesville, WI**

TIME: 10 AM – 12 PM

EVENT LOCATION: LiV Photography  
8 South Main Street  
Janesville, WI 53545

CONTACT: [Sarah@getfitwithsarah.com](mailto:Sarah@getfitwithsarah.com) or cell 608.314.4095

Fees: Free to all!

**January 8 | Waukee, Iowa**

TIME: 10 AM – 12 PM

EVENT LOCATION: Point of Grace Church  
305 NE Dartmoor Drive  
Waukee, Iowa 50263

CONTACT: John Cornish 515-333-9573  
Kevin Caldwell 515-554-5077 [kevintcaldwell@mac.com](mailto:kevintcaldwell@mac.com)  
Nick Jaroush 515-371-5881

Fees: \$10 for coaches



**January 8 | Plumas Lake, CA**

TIME: 10 AM – 12 PM

EVENT LOCATION: 1188 Secret Lake Trl  
Plumas Lake, CA 95961

CONTACT: Charity Brooks at [charitybrooks@beachbodycoach.com](mailto:charitybrooks@beachbodycoach.com)

Fees: Free to all!

**January 8 | Stone Park, IL**

Join Melanie Bolen and Kristina Sullins for a Super Saturday in Chicago!

TIME: 10 AM – 12 PM

EVENT LOCATION: Noa  
3815 W. Lake Street  
Stone Park, IL

CONTACT: Kristina Sullins <[kristinasullins@yahoo.com](mailto:kristinasullins@yahoo.com)>

Fees: \$5 for coaches

**January 8 | Las Vegas, NV**

TIME: 10 AM – 12 PM

EVENT LOCATION: JW Marriott Las Vegas Resort and Spa  
Valencia Ballroom  
221 N. Rampart Blvd  
Las Vegas, NV 89145  
702.869.7777

CONTACT: Brenda Albright 702.510.5430

Fees: Free to all

**January 8 | San Antonio, TX**

TIME: 2:00 PM - 5:00 PM

EVENT LOCATION: San Antonio Fit Club - inside Shotokan Karate and  
Fitness Studio  
11219 Potranco Rd  
San Antonio, TX 78253

CONTACT: Paula Roberts (210) 254-7881 paula@promo-sa.com

Fees: \$2 for coaches; guests are free!