

# 18 THINGS TO KNOW FOR COACH SUMMIT 2011

READY, SET, SUMMIT! Here are your top 18 Frequently Asked Questions—answered, so you'll be good 'n' ready when you touch down in sunny Los Angeles on June 16th.

## 1. Are Summit tickets sold out?

- Yes. And the waiting list is full, too.
- On the bright side, do a little dance—registration for Summit 2012 will be LIVE very soon!

## 2. Can I still sign up for the Breakout & Training Sessions?

- This year, we're trying somethin' new. It's first come, first serve. So just show up. Of course, getting there early may be to your benefit if you wanna be front 'n' center!
- Get amped. [View all the Breakout & Training sessions](#)



## 3. Where should I book my hotel room?

- The JW Marriott is sold out, but try one of these sweet "Plan B" options and don't forget to say you're with Team Beachbody® . . .
  - i. [Sheraton Los Angeles Downtown](#)  
711 South Hope Street  
Los Angeles, CA 90017  
(213) 488-3500
  - ii. [Figueroa Hotel](#)  
939 South Figueroa Street  
Los Angeles, CA 90015  
(213) 627-8971

## 4. Is there Express check-in?

- So glad you asked. Diamond Coaches and up: You're welcome to bust a move into the fast lane.

## 5. Where can I find the most current Summit agenda?

- [Right here!](#)

## 6. What are the various reward receptions and how do I qualify?

- Everything you need to know is [right here!](#)
- BIG NOTE: **June 8th** marks the BIG qualification day. Attendance requirements must be met by this date in order to qualify.
- Got questions? Please shoot an email to [recognition@beachbody.com](mailto:recognition@beachbody.com).

## 7. What's the dress code?

- The event itself is "Beachbody" casual. Wear what's comfortable.
- For the rewards receptions: Glam it up. We suggest dressing to impress! But really, if you're feelin' super rock star in your duds—then by all means, rock on!

## 8. Should I bring my End the Trend® T-shirt?

- Now this is a great question. If you earned an **End the Trend** tee, make sure to *Br-ring It!* for a post-Super Workout photo op!
- NOTE: Do NOT wear it during the Super Workout, unless you plan not to break a sweat!

## 9. Am I invited to the Diamond Reception, and where is it?

- Sure, if you qualified by June 8th, grab your dancin' shoes and groove on over!
- We've rented out the famous [Conga Room](#) in downtown LA—just a hop, skip, and a jump from your hotel (err, most likely).

## 10. Can everyone attend the Saturday night reception, CELEBRATION?

- You better believe it!
- AND directly after CELEBRATION, there'll be an **After Party** with music and cash bars throughout the area.
- Plus, we'll kick off the party by providing you with **TWO drink tickets!**
- Dress to the nines and get ready to boogie down!

## 11. What's up with that Team Beachbody Mall place thingy?

- Our apparel store will have the biggest, bestest retail experience EVER seen at Summit! Umm, can you say, "Dressing rooms?!"
- Come prepared to lay eyes on never-before-seen **Wear 'n' Share** items!
  - i. Graphic tees, performance wear, and travel gear will be on-hand representin' all your favorite brands.
  - ii. Also, get your shop on for a few exclusive items, ONLY available at this year's Summit!
- The Team Beachbody Mall Store will be located in the **Gold Ballroom**.
- See agenda for store hours.
- Cash, credit cards, and checks happily accepted.

## 12. Which Beachbody trainers can I expect to work out with at the Super Workouts?

- Brett Hoebel, Chalene Johnson, Debbie Siebers, Donna Joyner, Leandro Carvalho, Shaun T, and Tony Horton.

## 13. Will there be Meet & Greet/photo ops with any of the trainers?

- Keep an eye out for your beloved trainers during the lunch breaks!

## 14. What's this about a Shake-Off?

- During lunchtime on Friday, we'll be throwin' an "Iron Chef" style recipe battle. Be there.
- [Click here](#) to submit your recipe for a chance to participate.

**15. Will there be time to shower after the workouts?**

- Yes, before the general workouts. If you have a room at the JW Marriott, you'll have time to run upstairs and scrub-a-dub.
- If you don't have a room, maybe be nice to someone who does.
- Make sure to bring a change of clothes to the Super Workout (and your clean **End the Trend** T-shirt . . .)

**16. What will the weather be like?**

- You can expect clear So Cal skies. 72 and sunny, baby!

**17. What's there to do in the immediate area?**

- LOTS!
  - i. **Attractions:** [Museum of Contemporary Art](#) (MOCA), [Walt Disney Concert Hall](#), [Grammy Museum](#)
  - ii. **Dining:** [The Palm](#) (steak), [Water Grill](#) (fish), [Zucca Ristorante](#) (pasta), [L.A. Live](#) restaurants
  - iii. **Shopping/Etc.:** [LA Fashion District](#), [Chinatown](#), [Grand Central Market](#), [The Ritz-Carlton Spa](#)

**18. If someone can't make it, how do they find out what's happening?**

- Follow us on **Twitter** at **TBBCoach411**! We'll be tweetin' LIVE throughout the whole weekend—everything from product secrets to training tips to who's gettin' it done on the dance floor. It'll be like Summit away from Summit.
- Got burning questions?
  - i. Tweet us directly at [Twitter.com/TBBCoach411](https://twitter.com/TBBCoach411)!
- Are you our **Facebook** fan? Nice.
  - i. Prepare for even more thrilling updates, event pics, and videos at [facebook.com/teambeachbodygameplan](https://facebook.com/teambeachbodygameplan).