Want to get more orders for 21 Day Fix? Here are some great sample ways to post and tweet about this simple fitness and eating program. Choose some of these, or take the idea and make it your own:

**Facebook®**

- My 21 Day Fix Challenge Group has only 3 spaces left! Want to lose up to 15 pounds in 21 days? Hit me back!
- Do you have trouble with portion control? I used to! But now I have 21 Day Fix to do it for me.
- OMG I need to wear a bikini in a few weeks! I’m doing 21 Day Fix to drop my vanity pounds. Have you tried it yet?
- 21 Day Fix! A totally simple portion control system and 30-minute workouts. Why didn’t anyone think of this before?
- Have you seen the crazy weight loss with 21 Day Fix? It’s a simple fitness and eating program that helps you lose weight without counting calories, carbs, or points.
- Finally, I can stop counting calories. Thank you, 21 Day Fix! Now I’m all about simple portion control and 30-minute workouts. Freedom!
- 30-minute workout today! When you give it your all you don’t need longer workouts. That’s why I love 21 Day Fix!
- Know anyone who’d like to win $100,000? This Beachbody Challenge™ is a cool contest, and 21 Day Fix is the perfect program to help you get awesome results.
- Day 14 of 21 Day Fix. I’m already down 7 pounds!
- Day 14 of 21 Day Fix. Only 7 more to go, and I’m seeing my body change!
- Want to get started sooner? When you buy 21 Day Fix, you can stream your workouts with Beachbody On Demand, which gives you unlimited access to 21 Day Fix and hundreds of world-class Beachbody workouts—anytime, anywhere.
- Taking that first step is always the hardest part about getting fit. But knowing that my new workout program is only 21 days makes it easier! I know that I can do anything for 3 weeks! #21DayFix
- Prepping my meals in advance makes it easier for me to stay on point with my nutrition. Hit me up for more meal prep tips!
- I love the variety of food I’m eating with 21 Day Fix. I’m never bored. Just check out what I had for lunch!
- Check out my dinner from last night…doesn’t this look amazing? I love that I get to eat all this food. What’s your favorite 21 Day Fix recipe?
Twitter®

- I have a vacation in a few weeks. Going to control my portions and do 30-minute workouts to lose some weight before I leave. @21DayFix

- I'm doing simple portion control and 30-minute workouts, and I look better than I have in a long time. @21DayFix

- Just 2 spots left in my 21 Day Fix Challenge Group. Real prize money up for grabs. @21DayFix

- I've stopped counting calories. Now I'm using simple portion control and 30-minute workouts to lose weight. It's working! @21DayFix

- I'm so busy! But I've found a way to control my portions without counting calories or points. I've lost 5 pounds so far. @21DayFix

- Want to get started sooner? When you purchase @21DayFix, you can stream your workouts with Beachbody On Demand #BOD #PushPlay #Beachbody

- The first step is the hardest, but I know it's going to be worth it when I finally reach my goals. Can't wait to start @21DayFix!

- My nutrition has been on point this week. All that #mealprep is totally paying off and helping me get better @21DayFix results.

- Last night's dinner is proof you don’t have to starve on a diet. Hit me up for this awesome @21DayFix recipe!