

What is Beachbody® On Demand?

- Beachbody On Demand is a streaming service that gives you unlimited access to hundreds of world-class workouts and customizable meal plans designed to help you reach your health and fitness goals.

What are the benefits of Beachbody On Demand?

- Stream more than 600 of Beachbody's most popular workouts—valued at over \$7,000—all proven to deliver amazing results.
- Beachbody On Demand lets you choose from a wide variety of workout types, including low-impact, high-intensity, cardio, weight training, yoga, dance, and more.
- You get a comprehensive fitness and nutrition solution—including health and wellness advice, meal plans, recipes, meal prep tips, and our own portion-control cooking show, FIXATE®!
- You have access to me, your personal free Coach, to help keep you motivated and support you on your journey. You can also tap into an online community, where you can get answers, advice, and product information from Beachbody's nutrition and fitness experts, as well as connect with like-minded members.

On which devices can I access Beachbody On Demand?

- Stream Beachbody On Demand from your TV, computer, tablet, smartphone, or other web-enabled device.
- Beachbody On Demand apps are available for Roku, Amazon Fire TV, Chromecast, Apple TV, iPhone, iPad, Apple Watch, and iPod Touch.

What are my membership options?

- The Annual All-Access Beachbody On Demand & Shakeology Challenge Pack is the greatest value in fitness! It includes unlimited access to Beachbody On Demand for a full year, plus your first month's supply of Shakeology® to get Your Daily Dose of Dense Nutrition® conveniently delivered each month through Home Direct, the Portion Fix® eating plan, and 7 color-coded portion-control containers. And as always, you have access to me, your Coach.*
- You may also choose a standalone Beachbody On Demand membership on an annual, semi-annual, or quarterly basis.
- To see all Beachbody On Demand membership options in detail, see the Membership Comparison Chart.

*With the Annual All-Access Beachbody On Demand & Shakeology Challenge Pack, your customer will automatically receive Shakeology every 30 days, shipped directly to their door and billed to the credit card they use today in the amount of \$129.95 a month, less any applicable discounts, plus an s&h fee of only \$2.00 per item. They will also continue their Beachbody On Demand Annual All-Access membership which automatically renews after one year for \$99. Your customer may cancel either anytime to avoid future charges by calling Customer Service at 1 (800) 470-7870. Shakeology and Beachbody On Demand each include a 30-day money-back guarantee (less s&h). Offer not valid for current paying Beachbody On Demand members.