

SUPPLEMENT FACTS

Serving Size: 1 scoop (55 g)
Servings Per Container: 25

	Amount Per Serving	% Daily Value†
Calories	210	
Cholesterol	10 mg	4%
Total Carbohydrates	47 g	16%
Sugar	24 g	**
Protein	5 g	10%
Calcium (from Whey Protein Concentrate)	32 mg	3%
Sodium	70 mg	3%
Potassium (from Whey Protein Concentrate, Potassium Phosphate)	280 mg	8%

†Percent Daily Values are based on a U.S. 2,000-calorie daily diet.

**Daily Value not established.

INGREDIENTS: Natural carbohydrate complex (Dextrose, Maltodextrin), Whey protein concentrate, Potassium phosphate, Carrageenan, and Sodium chloride.

ALLERGEN STATEMENT: This product contains milk (whey protein concentrate) and soy (whey protein concentrate).

STORAGE: Store in a cool, dry place.

WARNING: Consult with a healthcare professional if pregnant, breast feeding, providing to a child, or if you have any medical conditions. Keep out of reach of children.

BEACHBODY®
EXTREME NUTRITION

FUEL
SHOT

NUTRITION FOR
MUSCLE GROWTH*

30-DAY SUPPLY • DIETARY SUPPLEMENT
NET WT 3 LBS 0.5 OZ (1,375 G)

Bounce back and get big faster.*

Kick-start your recovery after even the most punishing workout with Fuel Shot. You can blow past fatigue with an injection of performance-enhancing calories for raging strength and a monster pump.*

- Drives nutrients into muscle fiber for greater strength*
- Replenishes depleted glycogen to reduce muscle fatigue*

WHY IT WORKS: Enters the bloodstream quickly for near-instant anabolic support, to nourish muscle cells and enhance power and recovery. Use daily for greatest acceleration in muscle endurance, size, and strength.*

DIRECTIONS: Mix 1 heaping scoop (55 grams) with 6 to 8 ounces prepared Beachbody® Hardcore Base Shake or other high-carbohydrate beverage (like grape juice) and consume within 30 minutes of intense exercise. **For optimal results, use with Beachbody Hardcore Base Shake, Beachbody M.A.X. Creatine, and Beachbody Super Suma.**

***These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**

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